

# Meet Our Spitfire Coaches



Amy Kan



Daphne Valcin



Esperanza Lebron



Hayley Dennis



Lauren LeMunyan



Stephanie  
Chen-Banjo



Walt Anderson



Wendy Dickinson



# Amy Kan

SHE/HER

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ASSOCIATE CERTIFIED COACH

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CPC, ELI-MP, EIQ,  
PREDICTIVE INDEX,  
TEAM COACHING FOUNDATIONS  
CERTIFIED COACH (GTCl)

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- EXECUTIVE COACHING
- TRAINING FACILITATION
- LEADERSHIP DEVELOPMENT
- CORPORATE COMMUNICATIONS
- CREATIVE STRATEGY
- JOB COACHING
- HIGH POTENTIAL DEVELOPMENT
- BUSINESS RESILIENCE
- TEAM ASSESSMENTS
- 360 ASSESSMENTS
- PERSONALITY ASSESSMENTS
- GROUP COACHING

Amy is on a mission to make work better — for her clients, and the people who work with them. As the CEO and lead coach at The Workplace Initiative, Amy works with executives, emerging leaders, and teams to build leadership skills and create behavioral changes that affect how they see themselves, how they see others, and how they perform.

With more than twenty years of leadership experience in companies of various shapes and sizes, Amy understands the complexity of organizations and the challenges that come with increasing leadership responsibility, providing helpful context for her work.

Amy earned her MBA from the London Business School, received her BA in Communications from the University of Michigan, and coach training from the Institute of Professional Excellence in Coaching (IPEC). She is certified as an Associate Certified Coach (ACC) by the International Coaching Federation (ICF), a Team Coaching Foundations Certified Coach (GTCl), and as a Partner of The Predictive Index, the world's leading talent optimization platform.



# Daphne Valcin

For almost 20 years, Daphne Valcin has led training, staff development, and leadership development for organizations across the U.S. as well as in Canada, the UK, and China. She has served over 400 clients since earning her Certified Professional Coach designation. As an executive coach, Daphne's clients have included rising and senior leaders at Fortune 50 and Fortune 500 companies including UnitedHealthcare, Lockheed Martin Corporation, UPS, and JPMorgan Chase & Co. as well as at nonprofit organizations like Higher Achievement, Boys & Girls Clubs of America, and KIPP. Daphne's coaching clients have credited Daphne with enhancing their ability to create more strategic and productive professional relationships, enhance their executive presence, increase their level of productivity, hone in on their most strategic priorities, and operate with greater alignment with their core values. Daphne's clients say that her approach is compassionate yet honest and transformative. She strives to coach in a way that produces short-term and long-term practical results that impact clients' lives both professionally and personally. Daphne has been featured in Forbes.com and Voyage Magazine as a result of her work.

SHE/HER | BIPOC

PROFESSIONAL CERTIFIED COACH

CPC, ELI-MP

THE FIVE BEHAVIORS OF A  
COHESIVE TEAM,  
DISC  
EQ-I 2.0

- DIVERSITY & INCLUSION
- SPANISH
- WORKPLACE CULTURE
- TEAM BUILDING, LEADERSHIP DEVELOPMENT
- EXECUTIVE COACHING AND DEVELOPMENT
- HIGH-POTENTIAL COACHING AND DEVELOPMENT
- GROUP FACILITATION
- TEAM ASSESSMENT AND TRAINING
- EMPLOYEE ENGAGEMENT
- PRODUCTIVITY COACHING



SPITFIRE  
COACH

# Esperanza

## Lebron



SHE/HER | WOMAN | BIPOC

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PCC

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EQ-I 2.0

KOLBE CONSULTANT CERTIFIED,  
RAPID TRANSFORMATION THERAPY (RTT),  
THE LIFE COACH SCHOOL LIFE & WEIGHT COACH  
CERTIFICATION

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- OVERCOMING LIFETIME PATTERNS
- BUSINESS OWNERS
- LEADERSHIP DEVELOPMENT
- INNOVATIVE MINDSET
- TEAM BUILDING
- TEAM LEADERSHIP
- 360 ASSESSMENTS
- EXECUTIVE COACHING
- GROUP COACHING
- MINDSET

Esperanza is a triple Certified and Accredited Executive & Professional Coach from the University of Texas, The Life Coach School and The International Coaching Federation (PCC, ICF). She has a MBA and a Master's in Organizational Development and is an Expert in Human Change. Esperanza has worked with top Fortune Companies as a Change Agent and as an Army Veteran has extensive experience in strategic workforce planning and change management implementation. Esperanza brings Neuroscience into her coaching philosophy to help her clients overcome a lifetime of patterns and increase confidence and performance. Her passion lies in coaching others and leading teams to execute and create extraordinary results.

# Hayley Dennis

Hayley Dennis is an IFC accredited Certified Executive and Leadership Coach who began her career in Corporate America at the young age of 16 and has expanded her knowledge and training tremendously by working in several different industries throughout the years, including technology, finance, oil & gas, manufacturing and retail. Her clients include leaders from various points in their career ranging from Fortune Global 500 companies to start ups. She is passionate about helping leaders communicate confidently and effectively, motivate their teams, increase employee engagement and build a strong company culture. Her clients particularly engage her in the areas of emotional intelligence and DE&I due to her vast experience and in-depth knowledge to empower leaders to discover and unleash their inner brilliance and positively impact their organization's mission.

SHE/HER | BIPOC

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PCC

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CERTIFIED GENOS EMOTIONAL INTELLIGENCE PRACTITIONER, PROFILE XT CERTIFIED PRACTITIONER, CERTIFIED EXECUTIVE AND LEADERSHIP COACH, CERTIFIED CAREER COACH

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- LEADERSHIP DEVELOPMENT
- STRATEGIC PLANNING
- CAREER PROGRESSION
- COMMUNICATION
- DIFFICULT CONVERSATIONS
- MINDSET, TEAM BUILDING
- NEW MANAGERS
- MANAGING UP
- EXECUTIVE PRESENCE
- GIVING FEEDBACK
- TIME MANAGEMENT
- CONFLICT RESOLUTION
- EMOTIONAL INTELLIGENCE
- GROUP COACHING



SPITFIRE  
COACH

# Lauren LeMunyan



SHE/HER

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MCC, ELI-MP, CPC

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CERTIFIED COACH,  
THE 4 STAGES OF  
PSYCHOLOGICAL SAFETY,  
RELEASE RESENTMENTS  
MASTER PRACTITIONER,  
MBTI PRACTITIONER

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- STRATEGIC PLANNING
- MARKETING,
- EXECUTIVE COACHING,
- LIFE COACHING,
- LEADERSHIP PRESENCE,
- TIME MANAGEMENT
- PEOPLE STRATEGY
- TRUST BUILDING
- ENTREPRENEURSHIP
- INNOVATIVE MINDSET
- EXECUTIVE COACHING

Lauren LeMunyan is the Founder of Spitfire Coach, a leadership development organization that works with global leaders from Fortune 100 companies, leading tech firms, think tanks and small businesses. Spitfire Coach was born out of a need to support incoming and existing leaders to harness their leadership voice, develop necessary skills for constantly changing environments, and build leadership pipelines for tomorrow. Lauren is a PCC ICF-accredited coach with more than 2,000 hours working with over 300 clients. Prior to becoming a coach, Lauren served as Executive Director of three global trade associations and has over 20 years of entrepreneurial experience, which inspired her to work with overloaded professionals and executives and write her book, "Spitting Fire: Your Guide to Reignite Your Passion at Home, Work and Beyond". In December 2020, Lauren released her follow up book, "The ABCs of Awesome Living."



# Stephanie Chen-Banjo

SHE/HER

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ACC

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ICF ACC, CPC, ELI-MP, EQ-I 2.0, EQ-I 360,  
TEAM AND LEADERSHIP COACH KSYE CERTIFIED,  
DARE TO LEAD TRAINED, PMP

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- CEREBRAL THINKERS
- CAREER DEVELOPMENT & MAPPING
- CHANGE MANAGEMENT
- CULTURE TRANSFORMATION
- DIVERSITY & INCLUSION
- EMPLOYEE DEVELOPMENT & ENGAGEMENT
- LEADERSHIP PRESENCE
- PRODUCTIVITY

Stephanie is a leadership and career ninja. Or, more technically speaking, she helps you clean up your negative self-talk, find your unique strengths, and develop them, so you can catapult into your next leadership opportunity. She believes that career progression doesn't have to come at the cost of your well-being and coaches lawyers, consultants, tech SMEs, and finance professionals into becoming the type of people who can create a fulfilling career, while having a balanced life they can actually enjoy. She's a certified ICF coach with a track record of helping high-achieving, mid-career professionals level up into influential, trusted, and high impact leaders. She's a leadership geek to the core, an apprentice mother, has just moved back to the D.C. area after 7 years abroad, and is married to her best friend and business partner.



# Walter Anderson

Walter Anderson has over 20 years of experience in talent management and development, instructional design, and human performance consulting. He designs engaging experiences that change behaviors, increase retention, and improve performance. Walter's diverse background as a federal employee with the Department of Justice and Department of Defense, U.S. Air Force, and leader in Corporate America has contributed to helping organizations around the world create cultures where employees are empowered to do their best work. His extensive knowledge stems from his Master's degree in Management & Leadership and his Bachelor's degree in Human Resources Management, which gives him insight into large and small organizations. Walter provides clients with an approach grounded in real-world application and results. He has a unique blend of skills and knowledge fueled by the latest evidence-based research, neuroscience, behavioral, and motivation science that he employs in helping clients create cultures where employees have the skills to thrive.

HE/HIM

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ACC

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CERTIFIED PRACTITIONER OF EVERYTHING DISC®,  
LEADERSHIP PRACTICES INVENTORY® CERTIFIED  
COACH, AND THE MYERS BRIGGS TYPE INDICATOR®

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- CAREER DEVELOPMENT
- CHANGE MANAGEMENT
- CULTURE TRANSFORMATION
- CURRICULUM DESIGN & DEVELOPMENT
- DIVERSITY, EQUITY & INCLUSION
- EMPLOYEE DEVELOPMENT & ENGAGEMENT
- LEADERSHIP DEVELOPMENT
- PRODUCTIVITY





# Wendy Dickinson

SHE/HER

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PCC

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ENERGY LEADERSHIP INDEX MASTER PRACTITIONER

DEI IN THE WORKPLACE

TALENT OPTIMIZATION

PSYCHOLOGICAL SAFETY IN TEAMS

PARTNER OF THE PREDICTIVE INDEX

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- DEI
- EXECUTIVE COACHING (C-SUITE)
- GROUP COACHING
- LEADERSHIP COACHING
- TEAM COACHING
- MINDFULNESS-BASED MINDSET
- TRAUMA-INFORMED

Wendy Dickinson is an ICF accredited executive coach with Ascend Coaching Solutions. She works with leaders in both small and large organizations across the US. Wendy makes good use of her founder status and training as a former mental health therapist when working with organizations to deliver executive coaching, team coaching, leadership training and development, and keynote speaking. She lives in Powhatan, VA with her husband of 37 years. They have two grown daughters, both graduates of William & Mary. Wendy spends her spare time training dogs and taking agility classes with her 10 year old Rottweiler, Samson.